

優質幼稚園教育
家長講座



Member of VTC Group
VTC 機構成員

奠定孩子未來成就的大能力

香港專業教育學院
幼兒、長者及社會服務系

徐羅麗萍

黃玉卿

17-6-2017

能力與成就的關係??



迎向未來世界



- a. 文化的理解力與流暢度
- b. 外語能力
- c. 移動能力
- d. 跨領域學習/通才
- e. 終身學習



- a. 情感智商 (EQ)



- a. 創造力
- b. 抗逆能力
- c. 解決問題的能力

Mega Skills ??

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MegaSkills® Building Children's Achievement for the Information Age

Dr. Dorothy Rich

Confidence

Motivation

Effort

Responsibility

Initiative

Perseverance

Caring

Teamwork

Common Sense

Problem Solving

Focus

Getting What Your Children Need to Succeed

Sharing Experiences
There is not a living, breathing person who is confident all the time. Yet our children can get the idea that everyone else is more confident than they are, and that everyone else, especially a parent, has never been scared or felt the pangs of loss of confidence. That's why it is important to share your experiences, to come clean, to tell your child about a time in your own childhood when you felt confident—really able to do something. Maybe it was jumping off the high diving board or excelling on the math test. And what about the time when you felt not so confident, when you had trouble standing up in front of the class to give a speech, or when you realized you were short on cash at the checkout counter. Share as many memories as you can remember.

Sparking the Conversation
Focus on a specific problem. For example, "When I first went to school, I had trouble speaking up in class. I felt shy. I guess I was worried that I wouldn't have the right answer." This helps children start talking about their own experiences with confidence—when they have it and when they don't. We learned that my older daughter, a whiz in her classes, was having trouble making friends at school. And our younger daughter was spending so much time with friends, that she was finding too little

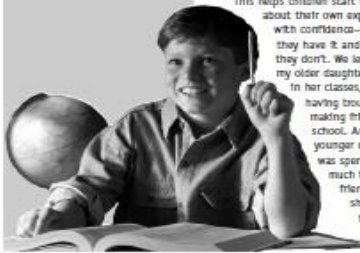

time for her work. It gave us all a chance to give each other a pep talk.

Confidence Builder: Newspaper Activity
Children who balk at math in class are often youngsters who figure out battling averages in their spare time. Some even understand the financial pages. Capitalize on these interests. Try questions such as these: Which team has won the most games this season? Who are the high scorers? How much higher are they than the others? Use the newspaper to get the answers.

Moving to Bigger Questions
Try these bigger questions in conversations with your children:

- What makes people scared?
- Does what we say to each other make a difference in our self-confidence?
- What kind of praise do we like to receive?
- How can we help each other feel more confident?

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The original Home and School Institute, sponsor of the MegaSkills program, was founded by Dr. Dorothy Rich in 1964. For information about bringing MegaSkills books and programs to your school and community group, contact: The Home and School Institute, MegaSkills Education Center: 3500 Massachusetts Ave., NW, Washington, DC 20008. Phone: (202) 466-3613. Fax: (202) 833-3400. www.MegaSkills.org

**Dr. Dorothy Rich
(1932-2009)**

Mega Skills ??





關愛

動機

專注

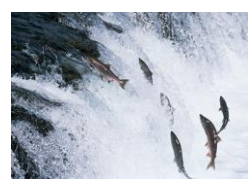


常識

責任

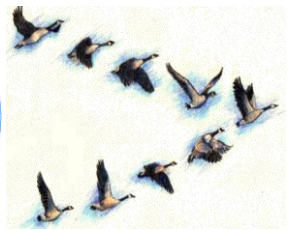


大能力與孩子



毅力

團隊



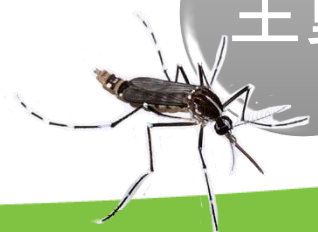
信心

努力



主動

解難



大能力**1**

信心

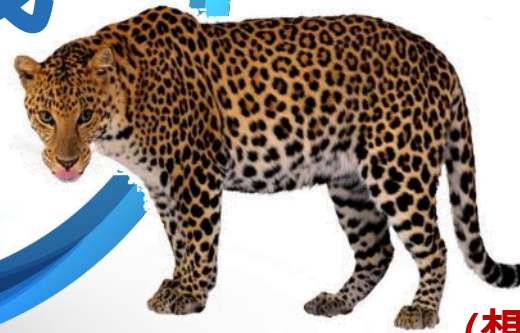


(覺得有能力去做)

- 合理期望
- 鼓勵的說話
- 分享經驗
- 給與嘗試

大能力 **2**

動機



(想要完成它)

- 獎賞
- 屢敗屢戰
- 雖輸猶贏
- 生命中動機各異
- 重身教

大能力 **3**

努力



(願意認真工作)

瞭解努力的價值，失敗無罪，勇於嘗試

大能力**4**

責任



(做對的事)

- 遵守承諾
- 鼓勵和支持

大能力**5**

主動



(積極採取行動)

- 能力所及
- 重視想法

大能力 6

毅力



(有始有終)

- 堅持執行
- 積極鼓勵

大能力 **7**

關懷



(關懷別人)

- 以身作則
- 分享感受

大能力 8

團結 合作



(和別人共事)

· 重視「過程」多於「結果」

大能力 9

常識



(發揮良好判斷力)

- 引發思維
- 共同找尋答案

大能力 **10**

解決 問題



(將所知和所能化為行動)

- 認真聆聽意見
- 引導為主
- 接受失敗中的學習

大能力 **11**

專注



(專心於心中的目標)

- 充足睡眠和飲食
- 建立安全感
- 最有興趣的玩意

錦囊：

